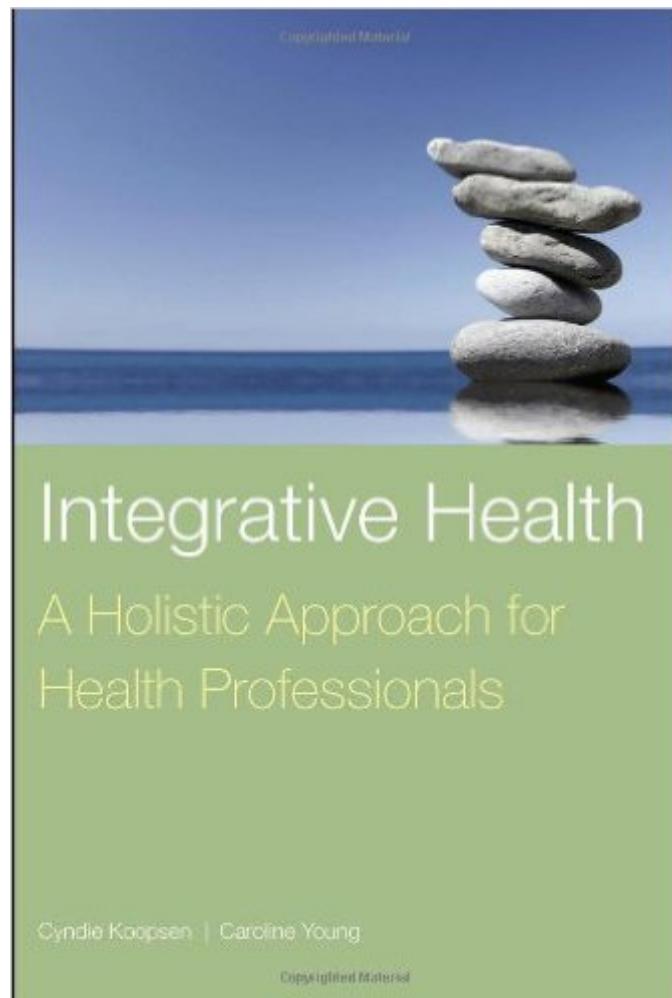


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Integrative Health: A Holistic Approach For Health Professionals



Synopsis

Integrative Health: A Holistic Approach for Health Professionals serves as a comprehensive resource on integrative health modalities. Perfect for both health care professionals and as a textbook for students, this text explores the discipline of integrative health care as a person-centered and person-empowering approach to health care, combining treatments from conventional medicine and clinically proven complementary and alternative medicine to address the body, mind, and spirit, as well as the environment and relationships with others.

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Customer Reviews

I'm using this book for a class. I'm very glad I rented it. The authors present theories and opinion as fact and utilize non-credible sources as references. I struggle to get through the material because it is not based in fact, not logical, and although it may be presented in a scientific manner, can't be measured by scientific methods. Many of the keywords which would typically be followed by a definition are followed up by a phase like "are difficult or impossible to measure", but then the authors go on to discuss it like this is an actual thing that we should all just now believe exists because someone wrote a book about it. They utilize references such as popular authors and other textbooks on the subject, but I'm not finding much reference to primary studies. I know that a lot of the things that are frustrating me have to do with the subject matter, but this text could have approached it in a more objective way.

Rent it if you have to. I would have given 1 star but I barely read a word so to be fair to the author and definitely the subject matter I add 2 stars I'm pro holistic health. This book was required for my FNP program wish I rented a copy.

I am a RN and working for my certificate in Holistic Health Care. This educational "textbook" is a perfect beginning to cover all areas, thoughts, ideas, facts, and studies in the Holistic Health Care field, and gives more than the basic education required. This book just does not cover the fundamentals, but will carry the information for the nurse to use in life, and in the lives of others she/he cares for either professionally or personal. This book of information will most likely carry the RN looking to further herself into a speciality in the Holistic field. Very highly recommended.

This book is helpful for introducing the field of alternative and complimentary medical treatments to people who are beginning their studies and broadening their perspectives, or to people who are considering treatments outside or beyond conventional medicine.

I am using this book for a class called integrative health care. This book has tons of information on alternative treatments that will be definitely integrated when i graduate as a nurse practitioner.

This book is boring. It gives the basic info for a beginner holistic health class. Would not recommend this book unless you are taking a class that requires it.

This was a very interesting book that I had to have for a class. I prefer holistic healing over medication. It works for some people but not for everyone.

Excellent book!

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